

FIND THE SOURCE

A room-by-room check for a fresher home without fragrance.

DATE: _____

FIRST, NOTICE THE PATTERN

Where is the smell strongest? _____

When does it appear? _____

KITCHEN

Check: Bin, food scraps, sink, fridge spill

Source found / action: _____

BATHROOM

Check: Damp mat, towels, leak, exhaust fan

Source found / action: _____

LAUNDRY

Check: Wet load, hamper, drying space

Source found / action: _____

ENTRYWAY

Check: Shoes, doormat, damp gear

Source found / action: _____

LIVING / BEDROOM

Check: Soft furnishings, hidden spill, stale air

Source found / action: _____

AFTER THE SOURCE IS REMOVED

☐ Dry wet items ☐ Use an outdoor-vented fan ☐ Air out when outdoor air is suitable

Recheck date: _____ Still smells? What changed? _____

Persistent mustiness or a leak calls for a moisture fix, not a fragrance cover-up.