

FRESH HERB RESCUE PLAN

Choose a home for each bunch, then plan when to use it.

SORT FIRST

- ☐ Remove damaged or rotten pieces ☐ Keep bunches uncrowded
- ☐ Wash under running water before preparing or eating; no soap

CHOOSE THE RIGHT HOME

PARSLEY + CILANTRO

Trim stems; stand in a little water in the refrigerator.

BASIL

Stand cut stems in water at room temperature, out of sun.

ROSEMARY + THYME

Keep cool; avoid trapped moisture and crushing.

EXTRA HERBS

Chop; freeze in water cubes for cooked dishes.

MY USE-FIRST PLAN

Herb: _____ Meal / use: _____

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Freeze on: _____ Label container: _____

CHECK DAILY

Change cloudy jar water; use wilting herbs promptly; discard rotten produce.