

CLOTHES-CARE LAUNDRY PLAN

A one-page reminder to help everyday clothes last longer.

1 BEFORE THE WASH

- ☐ Check each garment care label and special warnings
- ☐ Sort by care needs, color, and fabric weight
- ☐ Treat a fresh stain by the garment and product directions

2 CHOOSE THE LOAD

- ☐ Use a suitable full load, without packing the drum
- ☐ Choose a cool, appropriate cycle when labels allow
- ☐ Measure detergent according to product and machine directions

3 DRY & FINISH

- ☐ Follow the care label: rack, flat, or dryer as directed
- ☐ Allow air-dried items to dry fully before storing
- ☐ Mend a loose button or seam before it worsens

MY GARMENT NOTES

GARMENT	WASH / TEMPERATURE	DRY
1.		
2.		
3.		
4.		

ONE NEXT ACTION

A garment I will check or repair: _____